

## SPRING SESSIONS I

North Middle School - Sioux City

Monday – March 21, 28, April 4, 11, 18, 25 May 2

4:00-4:45 3rd & 4th Grade Boys

5:00-6:00 5-7th Grade Boys (with Brandon)\* FULL

5:00-6:00 5-7th Grade Girls (with Deb)\*

6:00-7:00 6th-8th Grade Combined\* FULL

7:05-8:05 8th-10th Grade Boys\*

Cost: \$140 (includes t-shirt)

\*maximum 8 players/group SPACE IS LIMITED!

## SPRING SESSIONS II

MOC-FV HS GYM - Orange City

Tuesday – March 22, 29, April 5, 12, 19, 26 May 3

3:45-4:30 By arrangement – Group or individual FULL

4:30-5:30 By arrangement – Middle School Age -

contact Brandon

6:00-7:00 5-7th Grade Boys Skills FULL

7:00-8:00 6-9th Grade Girls Skills FULL

8:05-9:05 8-11th Boys/Girls Skills FULL

### SPRING SESSIONS III

Sgt Bluff Community Center

Thursdays – March 17, 24, 31 April 7, 14, 21, 28

4:00-5:00 4-6th Boys/Girls Skills Session

5:00-6:00 6-8th Boys Skills Session

### SPRING SKILL SESSIONS IV

Sloan – Westwood High School

Tuesday – March 22, 29, April 5, 12, 19, 26

3:45-4:30 4-7th Girls Skills Sessions FULL

4:30-5:15 4-7th Boys Skills Sessions FULL

Thursday–March 24, 31 April 7, 14, 21, 28

7:00-8:00 8-11th Boys Skills Sessions FULL

8:00-9:00 8-11th Girls Skills Sessions

Cost: \$110 (includes t-shirt)

\*maximum 8 players/group SPACE IS LIMITED!

SPRING INDIVIDUAL BLUEPRINTS with  
DEB REMMERDE  
North Middle School

FULL

Monday – March 21, 28, April 4, 11, 18, 25 May 2

2:30, 3:15, 6:00, 7:00, 8:00

Cost: \$50/session\*, \$335/7 sessions\*

Sergeant Bluff Community Center

FULL

Wednesday – March 23, 30, April 7, 14, 21, 28 May 4

4:00, 5:00, 6:00, 7:00

[Click Here for registration](#)